



Supervisor Professional Development

A one-day practical workshop for knowing just what to focus on in supervision.

This workshop utilises two models of supervision to help supervisors tailor their supervisory approach towards their supervisees. The two models are Hawkins & Shohet's 'Seven-Eyed Supervision: A Process Model' and Heron's 'Six Categories of Intervention'. These two models combined allow supervisors to identify the needs of their supervisees as well as apply an appropriate intervention in order to meet the identified need.

You will be invited to explore past sessions with supervisees to encourage your own potential for change in the way you work with supervisees. You will engage in a process of enquiry that will enhance your awareness of your supervisory practice while learning new supervisory skills.

Through applying these models to case studies combined with self-reflection and paired and group exercises you will learn how to transfer this knowledge and learning to your work with supervisees.

Learning objectives of this workshop:

1. Identify areas for enhancement in your work with supervisees.
2. Discover your own ability to strengthen and enhance your supervisory approach
3. Apply Hawkins & Shohet's seven-eyed supervision model.
4. Apply Heron's six categories of intervention.
5. Integrate both models to generate and establish a useful approach to supervision.



Dr Elizabeth Anne Riley is a Sydney-based counsellor and clinical supervisor specialising in gender identity and has been in practice for nearly 20 years. Elizabeth has a Bachelors in Science, a Masters in Counselling and a PhD titled 'The needs of gender variant children and their parents'. She has published and presented papers and workshops, both locally and internationally, in the areas of Gender Identity, Sexuality, Ethics & Supervision. She was a counsellor for over 10 years for the *Ethics Centre* in Sydney where she also provided counselling training (with Elisabeth Shaw) in Ethical Decision-making for new counsellors. Elizabeth also delivered the Ethics Centre's *Ethical Intelligent and Good Decision-Making* program to company managers. Elizabeth is a trustee of the Carmen Rupe Memorial Trust and the Ethics Chair of the *Psychotherapy and Counselling Federation of Australia* (PACFA). Elizabeth is a member of PACFA, the *Counsellors & Psychotherapy Association of NSW* (CAPA), the *Society for Counselling & Psychotherapy Educators* (SCAPE) and the *Australian and World Professional Associations for Transgender Health* (ANZPATH & WPATH).

This training may qualify for Focussed Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.

MELBOURNE: 19th June 2019
MANTRA ON RUSSELL

SYDNEY: 6th November 2019
UTS SHORT COURSE ROOMS



ACA: Members can accrue 14 CPD points.

AASW: Members can accrue 7 CPD hours.

APS: Activities do not need to be endorsed by APS. Members can accrue 7 active hours.



ACWA: Members can accrue 7 CPD hours.

PACFA: Members can accrue 7 CPD hours.

Morning Session

Includes a short morning tea break.

Seven-eyed Supervision Model.
Heron's six categories of intervention.

Afternoon Session

Includes a short afternoon tea break.

Applying both models to case studies and your practice.
Evaluation and closing.

“Supervisors constantly need to revise and develop approaches in order to meet the needs of supervisees and their clients. Join me and your peers in a collegial and collaborative session.”

Dr Elizabeth Anne Riley

How will you benefit from attending this training?

- Enhance your awareness of the needs of your supervisees
- Learn about models of supervision that you can apply to improve your supervisory approach
- Find new ways of thinking and skills to use as a supervisor

Registration details:

Standard registration: **\$288**

A current PDP 'Student and New Graduate' discount code may be applied to this standard registration fee. (Apply online)

This seminar provides 7 hours for CPD points.

Morning tea, lunch and afternoon tea included.
We accept payment by Visa, Mastercard, Amex PayPal, cheque and EFT.

Register at www.PDPseminars.com.au or call us on 1300 887 622

This seminar has been designed to extend the clinical knowledge and applied skill of Counsellors, Psychotherapists, Coaches, Psychologists, Social Workers, Mental Health Nurses and Psychiatrists.

Feedback from Elizabeth's most recent presentation of this training:

“Engaging presentation. Liked focus on supervisee-centered approach and process oriented focus. Dealing with silences in supervision most useful.”

“Thank you for this insightful workshop. I feel I have more skills and tools to add to my practice framework.”

“Very engaging training. Elizabeth created a safe place in which I could explore my practice and discover aspects of my work that were previously beyond view.”

“Excellent information and well-paced presentation.”

“Very comprehensive learning. Thank you.”

“Good day for rejuvenating and advancing professional practice.”

“It proved to be a wonderfully experiential, practicing, growing day.”

“Great workshop Elizabeth. Thanks.”

“Excellent mix of talking and activities. Kept the day alive, made the material applicable and opportunity to share with colleagues. Love a well-run experiential interactive workshop! Plenty of processing time and excellent time keeping.”

“A wonderfully relevant day and a helpful session that clarified the supervisory process – thank you.”

“Great, engaging presenter. Very knowledgeable and generous with resources.”

“Really helpful to current situation. Very eye opening and enjoyable to listen to. Thankful for all the help received from everyone.”

“Very helpful. Lots of reading to take back and share knowledge with colleague. Thank you Dr Riley.”

“Dr Riley was very helpful! Brainstorming solutions to issues, assisting with our practices.”