



## Sexual Violence: Humanising Responses in Support of Recovery

**Effective assessment & responses to traumatised clients on a path to recovery.**

Disclosures of sexual violence strike fear into the heart of many clinicians and the most frequent response is to refer to sexual assault specific counselling services or experts. Latest estimates however, suggest that one in five Australian women and one in 22 Australian men experience sexual violence after the age of 15 years (Cox, 2016). Such high prevalence rates mean that specialist sexual assault services are unable to respond to the total demand of people affected by sexual violence.

A safe relational space offered by the clinician is one of the most important factors critical to recovery from sexual violence. Disclosures of sexual violence are most often made to clinicians who already offer a safe relational space, suggesting that at least some of the therapeutic work required after a disclosure of sexual violence could be achieved within that therapeutic context.

This course will equip clinicians to understand and apply the fundamentals of working in a humanized manner with people who have experienced sexual violence. The course outlines a stage-based approach to recovery from sexual violence including

how to work out which work to do and making intelligent decisions about when to refer to specialists enabling clinicians to perform effectively with clients they didn't know they could help.

This interactive session will move beyond the limits of the Recovery Model and Trauma Informed Care to articulate key principles for supporting progress towards recovery from sexual violence in ways that are both effective and accessible. Participants will be equipped to immediately apply their learning in therapeutic practice

### Learning objectives of this training:

1. Comprehend stage-based models of recovery from sexual violence
2. Determine which stage of recovery the client is presenting in
3. Work out what sort of recovery work is needed
4. Support clients' recovery from sexual violence
5. Know when to refer to specialists
6. Enhance their ability to offer a safe relational space in therapy



**Jackie Burke** is a registered psychologist with 20 years of experience in counselling and supervision services. She has worked in remote Australia, regional and metropolitan NSW and has directed national programs for people affected by sexual, domestic and family violence. She is an awarded researcher, and her training programs about trauma, sexual and domestic violence, clinical supervision, trauma informed practice, and vicarious trauma are popular nationally and internationally.

After holding senior management roles for the past 15 years, Jackie established her own private practice and consultancy business in early 2017. She is a published author with an adjunct position at Western Sydney University. When not working, Jackie tries to maintain a regular yoga practice and enjoys a good murder mystery.

**This training may qualify for Focussed Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.**

**SYDNEY: 18<sup>th</sup> June 2020**  
UTS SHORT COURSE ROOMS

**BRISBANE: 20<sup>th</sup> November 2020**  
PARK REGIS NORTH QUAY

Our continuing professional development events meet the quality standard recognised by many relevant professional associations including psychology, social work, occupational therapy, mental health nursing, community work, counselling, psychotherapy and more.

*We recommend checking with your association for the correct calculation of points for this event.*

A certificate of attendance for 7 hours of face-to-face training is issued in the week following attendance at this event.

**Morning Session**

includes a short morning tea break

Defining Sexual Violence.

Prevalence of Sexual Violence in Australia.

Understanding Social, Justice and Health Responses to People who have Experienced Sexual Violence.

**Afternoon Session**

includes a short afternoon tea break

Recovery Model.

Trauma Informed Care.

Principles for Working Effectively with People who have Experienced Sexual Violence.

Evaluation and closing.

***“You don’t have to be afraid of working with people who have experienced sexual violence. Get the right information and tools and know how to help effectively.”***

Jackie Burke

**How will you benefit from attending this training?**

- Respond effectively to disclosures of sexual violence.
- Be able to discern when to refer and when to continue working post disclosures of sexual violence.
- Effectively apply humanized approaches to responding to people who have experienced sexual violence.

**Registration details:**

Registration fee: **\$298**

A current PDP ‘Student and New Graduate’ discount code may be applied to this standard registration fee. (Apply online)

This seminar provides 7 hours for CPD points.

Morning tea, lunch and afternoon tea included.  
We accept payment by Visa, Mastercard, Amex PayPal, cheque and EFT.

**Register at [www.PDPseminars.com.au](http://www.PDPseminars.com.au) or call us on 1300 887 622**

This seminar has been designed to extend the clinical knowledge and applied skill of Psychologists, Counsellors, Psychotherapists, Coaches, Social Workers and Psychiatrists with little knowledge of Existential theory and practice. Additionally, everyone who occupies an emergency or helping role (including call-centre staff, counsellors, case workers, police, fire, ambulance and emergency service workers, crisis intervention workers, court, legal and judiciary professionals, supported accommodation staff, refuge workers, and aid workers).

**Feedback form Jackie’s recent presentations:**

*‘Best training I’ve had in years! Thank you.’*

*‘I found all the information very useful for my client work.’;*

*‘Clear, great content’*

*‘Engaging style’*

*‘Really interactive - thanks’*

*‘Jackie is fabulous!’*

*‘Awesome day – thank you’*

*‘I really appreciated your systemic approach and upbeat style’*

*‘Great training day - I learnt heaps’*