



Narcissistic and Borderline Personality Disorders in Depth

Recognising and responding to these highly challenging client presentations.

The unpredictability of mood swings and rages associated with Borderline Personality Disorder (BPD) and Narcissistic Personality Disorder (NPD) can be confusing and challenging for family, friends, co-workers and therapists alike. This seminar will provide an in-depth understanding of BPD and NPD, with a focus on: recognising the different types of narcissism (overt, covert, grandiose, vulnerable, malignant); learning about assessment of NPD and BPD; understanding the substantial impact of NPD and BPD on family, friends, co-workers and therapists; the NPD-BPD-caretaker triangle; psychological treatment options; and strategies for family, friends, colleagues and therapists to manage some of the difficult behaviours associated with NPD and BPD.

The morning session of the seminar will explore NPD and the afternoon session BPD. The presentation style will use case studies and will be interactive, encouraging participant

contributions and questions. The training day will also feature audio-visual material demonstrating therapy approaches for BPD and provide time for role-plays.

Learning objectives of this training:

1. Recognise the different types of narcissism.
2. Understand the aetiology of NPD and BPD.
3. Learn about assessment of NPD and BPD.
4. Understand the impact NPD and BPD have on others.
5. Learn about treatment options.
6. Use strategies to manage some of the challenging behaviours associated with NPD and BPD.

NB: This seminar is suitable for anyone wishing to deepen their knowledge of Borderline and Narcissistic Personality Disorders, and who have a basic knowledge of these disorders.



Renata Porzig-Drummond is a lecturer at the Australian College of Applied Psychology in Sydney, specialising in the fields of mental health and psychology. She uses an interactive presenting style that encourages participation and focuses on the practical relevance of the topic for a clinical context. She holds a PhD in Clinical Psychology and a BSc Psychology (Hon) from Macquarie University; a Grad Dip in Psychology and a BA from the University of Sydney. Renata's research has focused on behaviour change and her research has been published in leading academic journals, including *Behaviour Research and Therapy*, *Australian Social Work* and *Social Science & Medicine*. Her clinical experience includes crisis counselling, psychological assessment, and working with clients with depressive and anxiety disorders. Renata is a member of the Australian Psychological Society (APS) and the International Coaching Federation (ICF).

This training may qualify for Focussed Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.

MELBOURNE: 21st November 2019
MANTRA ON RUSSELL

SYDNEY: 24th October 2019
UTS SHORT COURSE ROOMS

BRISBANE: 31st May 2019
PARK REGIS NORTH QUAY



ACA: Members can accrue 14 CPD points.

AASW: Members can accrue 7 CPD hours.



ACWA: Members can accrue 7 CPD hours.

PACFA: Members can accrue 7 CPD hours.

APS: Activities do not need to be endorsed by APS. Members can accrue 7 active hours.

Morning Session

Includes a short morning tea break.

Narcissistic Personality Disorder (NPD):

- Aetiology of narcissism
- Types of narcissism (overt, covert, grandiose, vulnerable, malignant)
- Assessment
- Impact on family, friends, co-workers and therapists
- The NPD-BPD-caretaker triangle
- Overview of emerging psychological treatment approaches
- Strategies for managing difficult behaviours

Afternoon Session

Includes a short afternoon tea break.

Borderline Personality Disorder (BPD):

- Aetiology of BPD
- Assessment
- Impact on others
- Overview of the most evidence-based psychological treatment approaches (dialectical behaviour therapy, schema-focused therapy, and transference-focused therapy)
- Strategies for managing difficult behaviours

Questions, evaluation and closing.

“This seminar will focus on skills in (1) identifying symptoms of personality disorders, and (2) managing some of the associated challenging behaviours.”

Renata Porzig-Drummond

How will you benefit from attending this training?

- Understand the different types of narcissism.
- Learn about assessment of NPD/BPD.
- Understand the impact of NPD/BPD on family, friends, coworkers and therapists.
- Learn about treatment options.
- Learn how to manage the challenging behaviours associated with NPD/BPD.

Registration details:

Standard registration: **\$288**

A current PDP ‘Student and New Graduate’ discount code may be applied to this standard registration fee. (Apply online)

This seminar provides 7 hours for CPD points.

Morning tea, lunch and afternoon tea included.
We accept payment by Visa, Mastercard, Amex PayPal, cheque and EFT.

Register at www.PDPseminars.com.au or call us on 1300 887 622

This seminar has been designed to extend the clinical knowledge and applied skill of Counsellors, Psychotherapists, Coaches, Psychologists, Hypnotherapists, Social Workers, Community Workers, Mental Health Nurses and Psychiatrists.

Feedback from Renata’s recent presentations for PDP:

“I highly recommend this amazing training. Renata has strengthened my understanding of the characteristics of BPD and NPD and provided useful strategies to enhance my practice and engagement with consumers.”

“Excellent training- presenter was knowledgeable and skilled in the topic. Great additional resources and highly recommend it to others.”

“Another informative session with Renata given with professionalism, humanity and groundedness.”

“Great presentation, great food, great venue, great welcome – thank you – worth travelling interstate for.”

“Excellent training that has given me confidence to work with personality disorders.”

“Renata was an excellent presenter. She responded to all with gentleness and included everyone’s reflections. She had excellent knowledge of the area.”

“Well presented and researched, high standard of presentation, clear and friendly presenter, well experienced and competent presenter.”

“Amazing day, one of the best trainings I have ever been to.”

“Presenter was terrific - excellent command of the topic, very engaging and approachable. Highly recommended.”

“Fantastic presenter. Well prepared, energetic, lots of resources.”

“Very good, informative and educational workshop. An experienced and very capable presenter.”

Very useful training delivered by Renata with enormous skill. Excellent training. Thank you.”

“Thank you for an excellent, informative and entertaining presentation. It was of great value to me.”