



## Supporting Clients with Gender Diversity

### Understanding and effectively responding to clients in health care/support settings.

This seminar aims to enhance counselling practitioner's knowledge, sensitivity and awareness for working with transgender people. Some of the topics covered will be; awareness of language when referring to trans people, scales of sex and gender, the current DSM gender dysphoria diagnosis, referral requirements for treatment and the World Professional Association for Transgender Health standards. Specifically, this training addresses background information, terms & definitions, diagnosis criteria, the prevalence of gender diversity & aspects of assessment.

This training also includes the different approaches required depending on the age of the client and the various treatment options available to each including the necessary referrals where indicated. Through teaching, videos and, individual and group activities participants will explore influences on gender and identity, the challenges trans people face and the impact of society on gender identity development and expression.

This workshop is designed to provide a necessary basis for understanding the diversified and unique needs of the trans community and seeks to improve practitioners' personal awareness regarding gender and identity and develop skills and competencies for working with trans youth and adults.

#### Learning objectives of this workshop:

1. Developing sensitivity regarding the terms and language used by and with people presenting with diversity in gender identity and/or expression.
2. Recognising diversity in gender identity & expression and respond appropriately.
3. Identifying the needs of trans clients.
4. Addressing the challenges and pressures trans people face.
5. Understanding the demands on practitioners working with trans people.
6. Being aware of the different approaches required for children, adolescents & adults.



**Elizabeth Anne Riley**, (PhD MACouns BSc) is a Sydney-based counsellor and supervisor with a PhD titled: "The Needs of Gender-Variant Children and Their Parents." Having worked with the trans community for over 20 years, Dr Riley provides gender specific support and counselling to parents of trans children, youth and adults, clinical supervision to practitioners, academic PhD supervision and, professional development to schools, clinicians and other service providers. Dr Riley has 14 publications in the field, with another two in press. She was a founding member of the Australian Professional Association for Transgender Health (AusPATH), is a Professional Clinical member and Certified Provider of the World Professional Association for Transgender Health (WPATH) and a media spokesperson on behalf of the transgender community. She is also an accredited clinical supervisor with the Psychotherapy and Counselling Federation of Australia (PACFA) and with the Australian Association of Supervisors (AAOS).

**This training may qualify for Focused Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.**

**MELBOURNE: 7<sup>th</sup> August 2020**  
MANTRA ON RUSSELL

**SYDNEY: 6<sup>th</sup> November 2020**  
UTS SHORT COURSE ROOMS

Our continuing professional development events meet the quality standard recognised by many relevant professional associations including psychology, social work, occupational therapy, mental health nursing, community work, counselling, psychotherapy and more.

*We recommend checking with your association for the correct calculation of points for this event.*

A certificate of attendance for 7 hours of face-to-face training is issued in the week following attendance at this event.

### **Morning Session**

Includes a short morning tea break.

Definitions & terms.  
Scales of Sex & gender.  
DSM & Gender Dysphoria.  
Prevalence of gender diversity.  
Needs of different client groups.

### **Afternoon Session**

Includes a short afternoon tea break.

Challenges trans people face.  
Variety of presentations.  
Aspects of assessment.  
Treatment options.  
Referrals.  
Case studies.  
Evaluation and closing.

***“Learn how to work effectively when clients express their needs regarding diversity in gender identity and/or expression.”***

Dr Elizabeth Anne Riley

### **How will you benefit from attending this training?**

- Know how to respond to clients with diversity in gender identity and/or expression.
- Understand the suitability of various approaches for an array of clients.
- Have an awareness of the demands on professionals who work with the trans community.

### **Registration details:**

Registration fee: **\$298**

A current PDP ‘Student and New Graduate’ discount code may be applied to this standard registration fee. (Apply online)

This seminar provides 7 hours for CPD points.

Morning tea, lunch and afternoon tea included.

We accept payment by Visa, Mastercard, Amex PayPal, cheque and EFT.

**Register at [www.PDPseminars.com.au](http://www.PDPseminars.com.au) or call us on 1300 887 622**

**This seminar has been designed to extend the clinical knowledge and applied skill of Counsellors, Psychotherapists, Coaches, Psychologists, Social Workers, Mental Health Nurses and Psychiatrists.**

### **Feedback from Elizabeth’s most recent presentation of this training:**

*“The best PD training I have been on. Informative, great pace and a wealth of experience - you’re an inspiration!”*

*“Fully documented and informative day bringing to the table a broad and particular discourse on gender diversity.”*

*“Beautifully organized, expertly presented and accessible.”*

*“Really looking forward to getting the links to the fabulous resources mentioned. Elizabeth is a superb adult educator and provided a wonderful day of learning!”*

*“It was a fabulous presentation and Elizabeth was a delight to have as a presenter.”*

*“This professional development was excellent! I had been looking for a professional development on Gender for a while and today’s workshop was very informative. I now have a better understanding and will follow up the links to recommended resources. Thank you!”*

*“Paced really well. Opened interesting discussion. Impressed three early childhood staff that attended. Offered opportunity to share their student early intervention / prevention.”*

*“Dr Riley is an outstanding practitioner and presenter. This seminar expanded my knowledge and empathy. Thank you.”*

*“Fantastic training! Excellent mix of live experiences and best practice work with clients, their families and other professionals.”*

*“Very informative presentation, with practical applicable aspects! Thank you.”*

*“Great, engaging presenter. Very knowledgeable and generous with resources.”*

*“Really helpful to current situation. Very eye-opening and enjoyable to listen to. Thankful for all the help received”*

*“Very helpful. Lots of reading to take back and share knowledge with colleague. Thank you Dr Riley!”*

*“Dr Riley was very helpful! Brainstorming solutions to issues, assisting with our practices.”*