



# Gambling: understanding and addressing the harm.

## Skills for screening, understanding and supporting those affected by gambling.

Concerns related to gambling can present in a range of people presenting to services such as justice, relationship, housing, drug and alcohol, child protection and mental health. Because of this, professionals working in a range of settings other than the gambling specific context will encounter people with gambling related problems. Raising and addressing issues associated with gambling within non-specialist settings can be challenging. However, the opportunity to begin to address gambling-related harms, regardless of the setting, can be an important step in supporting people to change.

The aim of this one-day workshop is to increase the awareness and skills related to raising the issue of gambling within contexts other than gambling specific services. The workshop will provide opportunities for participants to gain information for supporting people and others

affected by someone else's gambling to reduce the impact of gambling.

Participants will each be provided with a resource book for reference during and following the training. There will be opportunities for participants to practice and reflect of skills throughout the one-day workshop.

### Learning objectives of this training:

1. Understand the impact of gambling on individuals and significant others
2. Demonstrate methods for raising the issue of gambling and related concerns
3. Utilise tools for screening for gambling and related harms
4. Practice approaches for engaging with people to address gambling concerns
5. Explain referral options in the gambling context



**Alison Bell** has a background in Nursing and Psychology and has worked in the alcohol and other drug and mental health fields since 1987. She has been facilitating training on topics including Motivational Interviewing, mental health, addictions and gambling. Known as an enthusiastic and engaging trainer with a passion for providing participants with an opportunity to reflect on their work practices and to enhance their skills for supporting people to change. Alison has been involved in the development of motivational interviewing since 1989, when she became involved in researching the clinical application of the model in collaboration with Dr Stephen Rollnick at the National Drug and Alcohol Research Centre. Alison has published a number of papers and book chapters, particularly in relation to the application of motivational interviewing in health care settings. Having conducted hundreds of training courses on motivational interviewing for a broad range of groups, Alison is considered to be among the leading trainers on this subject in Australia.

**This training may qualify for Focussed Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.**

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**ACA:** Members can accrue 12 CPD points.



**AASW:** Members can accrue 6 CPD hours.



**ACWA:** Members can accrue 6 CPD hours.

**PACFA:** Members can accrue 6 CPD hours.

**APS:** Activities do not need to be endorsed by APS. Members can accrue 6 active hours.

## Morning Session

Brief overview of gambling in Australia.  
Consequences of gambling.  
Raising the issue of gambling.  
Assessing for gambling-related harm.

## Afternoon Session

Engaging people to address gambling.  
Exploring change options in the gambling context.  
Supporting people to sustain change in gambling.  
Evaluation and closing.

***“Skills for raising and addressing concerns related to gambling can be an essential addition to the professional toolbox, which can be applied in a range of health and community service settings.”*** Alison Bell

### How will you benefit from attending this training?

- Gain a greater understanding of the impact of gambling
- Increase confidence in raising and addressing the issue of gambling in a range of settings
- Develop awareness of resources for addressing gambling concerns.

### Booking process:

1. Request a quotation.
2. Agree upon a delivery date.
3. Arrange the 50% booking deposit.
4. Finalise balance of booking fee one month prior to the training.

### We include:

- Presenter travel and accommodation costs.
- Soft copy of all slides, notes and resources and evaluation.
- Individual attendance certificates for all participants.

**Contact our in-house program director 1300 887 622 or [info@PDPseminars.com.au](mailto:info@PDPseminars.com.au) for information, quotation or to have a helpful chat about the needs of your team.**

This seminar has been designed to extend the clinical knowledge and applied skill of Counsellors, Psychotherapists, Coaches, Psychologists, Hypnotherapists, Social Workers, Community Workers, Mental Health Nurses and Psychiatrists.

### Feedback form Alison’s recent presentations of this training:

*“Fun, educational and engaging.”*

*“Alison has a warm engaging and respectful style. I really liked the mix of theory, video, personal stories and practical application”*

*“Fantastic presentation and very worthwhile training. “Excellent application of theories to a wide range of disciplines.”*

*“Highly enjoyable and beneficial course for anybody who works in a counselling role”*

*“Thank you for your insights and experiences which enhanced the learning”*

*“Very happy with this seminar - very useful and I gained a new awareness of key elements in therapy that I can apply immediately- wonderful presenter”*

*“Alison was delightful and enjoyable. The training was relevant and engaging- related theory well to practice”*

*“I have recommended this seminar to colleagues as I have learned so much.”*

*“Great workshop and presenter!”*

*“This seminar provided an excellent opportunity for a new graduate and new community corrections officer to learn ways to motivate behaviour change for offenders. The discussion with other participants was especially useful to think of different ways to apply skills to different social cohorts in the community.”*