



Safe Interventions for Domestic and Family Violence.

Training in best practice interventions to help people affected by domestic violence.

On average, one Australian woman per week dies as a result of domestic violence. Community awareness about domestic violence has grown markedly over the last decade. Increasingly, people are expected to know what to do when they receive a disclosure of domestic violence. Working with domestic violence though is a risky business. Inappropriate interventions can heighten risk and place people in even greater danger and perpetrators of domestic violence are not always easy to spot. Given the prevalence of domestic violence, it is likely that some of your clients (or staff) are experiencing domestic violence. You know you have a duty of care but exactly what do you need to do and how can you navigate this difficult work safely and effectively?

This one-day course will equip participants with the knowledge and skills necessary to work safely and effectively with people affected by domestic violence. Whether you work in a human services or human resources role, you need to know what to do about domestic violence.

Participants will

- explore what constitutes domestic violence and how this differs from intimate partner violence, family violence and sexual violence;

- receive an orientation to key terminology in the field; understand the prevalence and incidence of domestic violence in Australia and across cultures;
- debunk common myths relating to domestic violence;
- learn how to safely screen for domestic violence;
- understand latest research in the field of domestic violence practice; and
- walk away with the skills necessary to apply a stage-based crisis intervention model for effective intervention in domestic violence

The course incorporates didactic, experiential and small group exercises so participants walk away with skills that can be immediately applied on the job. The participant handbook contains all course information and access to user friendly resources..

Learning objectives of this training:

1. Explain what constitutes domestic violence
2. Understand the prevalence of domestic violence in Australia
3. Debunk common myths about domestic violence
4. Screen safely for domestic violence
5. Apply a stage-based crisis intervention model when working with people affected by domestic violence



Jackie Burke is a registered psychologist with 20 years of experience in counselling and consultancy services. She has worked in remote Australia, regional and metropolitan NSW, and has directed national programs for people affected by sexual, domestic and family violence. She is a published author, awarded researcher, and sought-after speaker and trainer with an adjunct position at Western Sydney University.

After holding senior management roles for the past 15 years, Jackie established her own private practice and consultancy business in 2017.

This training may qualify for Focussed Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.

View our range of training topics at www.PDPseminars.com.au to choose from our in-house listings or have one of our calendar events conveniently delivered at your workplace.

Our continuing professional development events meet the quality standard recognised by relevant professional associations including psychology, social work, occupational therapy, mental health nursing, community work, counselling, psychotherapy and more.

We recommend checking with your association for the correct calculation of points.

A certificate of attendance for 6 hours of face-to-face training is issued for all participants.

Morning Session

Explore key terminology around domestic violence.
Understand what behaviours constitute different types of domestic violence.
Examine the prevalence of domestic violence in Australia.
Screen safely for domestic violence.

Afternoon Session

Understand stage-based crisis intervention models.
Apply a stage-based crisis intervention to domestic violence.
Safety and self-care when working with domestic violence.
Learning consolidation and reflection.
Evaluation and closing.

"Ensure your work is safe and effective with the latest research in domestic violence practice."

Jackie Burke

How will you benefit from attending this training?

- Develop an in-depth understanding of domestic violence.
- Know how to screen safely.
- Apply best practice interventions to help people affected by domestic violence.

Booking process:

1. Request a quotation.
2. Agree upon a delivery date.
3. Arrange the 50% booking deposit.
4. Finalise balance of booking fee one month prior to the training.

We include:

- Presenter travel and accommodation costs.
- Soft copy of resources.
- Individual attendance certificates for all participants.

Contact our in-house program director 1300 887 622 or info@PDPseminars.com.au for information, quotation or to have a helpful chat about the needs of your team.

This seminar has been designed to extend the clinical knowledge and applied skill of Counsellors, Psychotherapists, Coaches, Psychologists, Hypnotherapists, Social Workers, Community Workers, Mental Health Nurses and Psychiatrists.

Feedback from Jackie's recent presentations:

- 'Best training I've had in years! Thank you.'*
- 'I found all the information very useful for my client work.'*
- 'Clear, great content'*
- 'Engaging style'*
- 'Really interactive - thanks'*
- 'Jackie is fabulous!'*
- 'Awesome day – thank you'*
- 'I really appreciated your systemic approach and upbeat style'*
- 'Great training day - I learnt heaps'*