



# Borderline (BPD), Narcissistic (NPD) & Antisocial Personality Disorders (ASPD)

## Understanding and responding to these highly challenging client presentations.

The unpredictability of mood swings and rages associated with Borderline Personality Disorder (BPD) and Narcissistic Personality Disorder (NPD) can be confusing and challenging for family, friends, colleagues and therapists alike. The hidden agenda and ruthlessness associated with Antisocial Personality Disorder (ASPD) can be dangerous.

This training day will provide an in-depth understanding of BPD, NPD and ASPD, with a focus on: understanding the aetiology and lived experience of BPD, NPD and ASPD; recognising different types of narcissism and different presentations of ASPD (including sociopaths and psychopaths); understanding the substantial impact of BPD, NPD and ASPD on family, friends, co-workers and therapists; treatment options for BPD; and strategies for family, friends, colleagues and therapists to manage some of the difficult behaviours associated with BPD, NPD and ASPD. The morning session will explore BPD, the afternoon session NPD and ASPD.

The presentation style will be interactive, encouraging participant contributions and questions. The training day will also feature audio-visual material, demonstrating the lived experience of BPD, NPD and ASPD, as well as BPD therapy approaches.

### Learning objectives of this training:

1. Understand the aetiology of BPD, NPD and ASPD.
2. Recognise the different types of narcissism and presentations of ASPD.
3. Understand the impact BPD, NPD and ASPD have on others.
4. Learn about BPD treatment options.
5. Use strategies to manage some of the challenging behaviours associated with BPD, NPD and ASPD.

**NB:** This seminar is suitable for anyone wishing to deepen their knowledge of Borderline, Narcissistic and Antisocial Personality Disorders, and who has a basic knowledge of personality disorders.



**Renata Porzig-Drummond** Renata is a lecturer at the Australian College of Applied Psychology in Sydney, specialising in the fields of mental health and psychology. She uses an interactive presenting style that encourages participation and focuses on the practical relevance of the topic for participants' context. Renata holds a PhD in Clinical Psychology, a BSc Psychology (Hon) from Macquarie University; a Grad Dip in Psychology, a BA from the University of Sydney; and a Certificate of Holistic Counselling from Nature Care College. Renata's research has focused on behaviour change and her research has been published in leading academic journals, including Behaviour Research and Therapy, Australian Social Work and Social Science & Medicine. Renata's clinical experience includes crisis counselling, psychological assessment, and working with clients with depressive and anxiety disorders, OCD and ADHD. Renata is a member of the Australian Psychological Society (APS) and the International Coaching Federation (ICF).

This training may qualify for Focussed Psychological Strategies (FPS) CPD. Please refer to the Dept. of Health <http://www.health.gov.au/internet/main/publishing.nsf/content/mental-ba-focus#cpd> for more information.

**We'll bring this training to your team at your workplace anywhere in Australia or New Zealand.**

**We can also deliver to your team by live webcast no matter where you and they are located.**

Our continuing professional development events meet the quality standard recognised by many relevant professional associations including psychology, social work, occupational therapy, mental health nursing, community work, counselling, psychotherapy and more.

*We recommend checking with your association for the correct calculation of points for this event.*

A certificate of attendance for 6 hours of face-to-face training is issued to all participants.

### **Morning Session**

Includes a short morning tea break.

### **Borderline Personality Disorder (BPD):**

- Aetiology of BPD
- Assessment, lived experience and impact of BPD on others
- Overview of the most evidence-based psychological treatment approaches
- Strategies for managing difficult BPD behaviours

### **Afternoon Session**

Includes a short afternoon tea break.

### **Narcissistic Personality Disorder (NPD):**

- Aetiology of narcissism
- Types of narcissism
- Assessment, lived experience and impact of NPD on others
- Strategies for managing difficult NPD behaviours

### **Antisocial Personality Disorders (ASPD):**

- Aetiology of ASPD
- Presentations, including sociopaths and psychopaths
- Strategies for managing difficult ASPD behaviours

Questions, evaluation and closing.

***“This seminar will focus on skills in identifying symptoms of these three personality disorders, and how to manage some of the associated challenging behaviours.”*** Renata Porzig-Drummond

### **How will you benefit from attending this training?**

- Understand the lived experience of BPD, NPD and ASPD
- Understand the impact of BPD, NPD and ASPD on family, friends, co-workers and therapists.
- Learn about BPD treatment options.

### **Booking process:**

1. Choose face-to-face or online delivery.
2. Request a quotation.
3. Agree upon a date and venue.
4. Finalise booking with payment.
5. Let us make it easy for you!

### **We include:**

- Presenter travel and accommodation costs.
- Soft copy of resources.
- Individual attendance certificates.

**Contact our in-house program director 1300 887 622 or [info@PDPseminars.com.au](mailto:info@PDPseminars.com.au) for information, quotation or to have a helpful chat about the needs of your team.**

**This seminar has been designed to extend the clinical knowledge and applied skill of Counsellors, Psychotherapists, Coaches, Psychologists, Hypnotherapists, Social Workers, Community Workers, Mental Health Nurses and Psychiatrists.**

### **Feedback from Renata’s recent presentations for PDP:**

*“I highly recommend this amazing training. Renata has strengthened my understanding of the characteristics of BPD and NPD and provided useful strategies to enhance my practice and engagement with consumers.”*

*“Excellent training- presenter was knowledgeable and skilled in the topic. Great additional resources and highly recommend it to others.”*

*“Another informative session with Renata given with professionalism, humanity and groundedness.”*

*“Great presentation, great food, great venue, great welcome – thank you – worth travelling interstate for.”*

*“Excellent training that has given me confidence to work with personality disorders.”*

*“Renata was an excellent presenter. She responded to all with gentleness and included everyone’s reflections. She had excellent knowledge of the area.”*

*“Well presented and researched, high standard of presentation, clear and friendly presenter, well experienced and competent presenter.”*

*“Amazing day, one of the best trainings I have ever been to.”*

*“Presenter was terrific - excellent command of the topic, very engaging and approachable. Highly recommended.”*

*“Fantastic presenter. Well prepared, energetic, lots of resources.”*

*“Very good, informative and educational workshop. An experienced and very capable presenter.”*

*Very useful training delivered by Renata with enormous skill. Excellent training. Thank you.”*

*“Thank you for an excellent, informative and entertaining presentation. It was of great value to me.”*