



KEEPING YOU CONNECTED



The goal of this Hub is to bring professionals together regularly, ensuring we have a well supported community prepared to work with individuals, couples, and families.

Although the issues our clients are facing are not new, the pressures of our current 'restricted' context has exacerbated many situations that were likely to have been managed or at least well tolerated in the past.

The public need the support of mental health professions and mental health professionals also need to be well supported to work in effective and well-informed ways.

This event will include:

- Guest Speaker, **Ari Badaines** will talk about two topics that both therapists and clients find difficult to approach with confidence and ease. Ari will encourage you to use the worksheet and explore ways to broach these topics that feel appropriate and well-boundaried in client work.
- **FREE** worksheet from Ari to increase your learning during the session.
- **EXCLUSIVE 50% DISCOUNT CODES** to attend **two** of our live interactive webcasts and, if you can't watch on the day, the recording will remain in your account for a further 3 months so you can study and apply the skills you learn.
- Break out rooms to discuss what you learn from Ari's talk, to share resources and offer and receive collegial support.



SEX & MONEY: THE TWO TABOOS

Finding appropriate and effective ways to talk about difficult personal matters.

In this 'YOU Thrive' presentation Ari will talk about 'two taboos' in therapy that both therapists and clients hesitate and often avoid approaching: Sex and Money. During the session, Ari will help you to explore and uncover the fears and concerns that prompt the majority of therapists to avoid these two topics. Similarly, he will talk about working with individual clients and couples whose thoughts and emotions prevent them from bringing these two areas into the therapy setting even when they really need support around them.

Ari will then offer suggestions for therapists to gently (and sometimes with surprise) introduce the 'taboo' subjects of money and sex in ways that are appropriate and helpful in the therapy setting.



Ari Badaines, Ph.D. is a clinical psychologist who trained in the United States. In 1980 he obtained a post-doctoral fellowship with the National Institute of Mental Health in Washington, DC where he studied Group Therapy, Family and Couple Therapy. Later, he undertook further training at the Institute for Family Therapy in London. Ari has been a consultant to numerous organisations including Relate in the UK, Richmond Fellowship and Youth-in-Search in Australia. He has taught at various universities in the USA, UK, and Australia. He was twice a keynote speaker for the annual conference of Marriage Guidance Counsellors (now Relationships) in the UK. In 2015, Ari led a two-day workshop for the Psychological Society of Ireland on 'Action Techniques with Individuals and Couples' which was so positively received that he has been invited back each year since to present on couples and family therapy. He is renowned as an engaging and popular presenter for PDP and for several European organisations. He has been in private practice for over 45 years, and has led workshops in over twenty countries on group therapy, couple and family therapy, and a variety of trainings on individual therapy including Gestalt therapy, Psychodrama, Solution-focused brief therapy, and Action-Methods.

Registration details

Standard registration: **\$33** (includes a free worksheet, and exclusive discounts)

Numbers are limited to 100 with **FREE** code **YOUTHRIVE1506**

**This event books out in just a few hours of registrations opening
SO BE QUICK!**

Register at www.PDPseminars.com.au or call us on 1300 887 622

Here is what people said about Ari's recent training for PDP:

"Thank you for one of the most valuable learning opportunities I have ever had! Your passion for what you do is inspiring and I'm grateful for the opportunity to have been part of this training."

"Best, most informative workshop so far and just what I needed... Can't wait to put these skills into practice!" "Ari, I loved it - the work, the group, your management and generosity and humour. Thank you!"

"Absolutely brilliant (What can I say?!). Thank you so much for the privilege Ari."

"I loved the experiential training - please organise more with Ari. I feel he was very much himself and it allows spontaneity and good learning."

"This workshop was such a powerful, engaging experience and the skills that I will take from this will be so helpful in my therapy practice. Wonderful, thank you!"

"A fascinating workshop. Interactive and experiential, Ari had the ability to keep us engaged and interested and explained in a clear way making sure we 'got it' before moving on. I would recommend Ari's training and will do more with him again."